



Diploma in Spiritual Workshop Facilitation

What the delegates say

Chrissie and Richard have more than 25 years of joint experience running workshops. Here is what some delegates had to say about our courses:

"A very professional and relaxed atmosphere."

Susan Kean

"Really enjoyed the whole weekend and meeting all the attendees. Really professional and good fun. Thank you all so much!"

Catriona O'Doherty

"A lovely weekend, learnt much and thoroughly enjoyed meeting like-minded people, Workshop manual filled with essential information. Thank you for a great masterclass."

Jacqui Moran

"You learn so much about setting up a business - the marketing side AND spiritual side...I'd highly recommend it."

Michelle Bennett

An accredited 12 month programme that teaches and empowers you to set up, run and facilitate your own profitable and effective workshops, seminars or retreats.

with Chrissie Astell
and Richard Haywood



2017 - 2018 Prospectus

www.AngelLight.co.uk/diploma

Run your own effective and rewarding workshops and holistic seminars.

Do you want to run your own workshop programme, perhaps in the healing arts, or as a spiritual teacher? Perhaps you already run a study group or workshops and would benefit from learning how to generate more interest and manage the group dynamics more effectively? If so, this Diploma Programme is for you.

The **Diploma in Spiritual Workshop Facilitation** will give you a thorough understanding of your own spiritual impulse and that of others. It will also give you the knowledge and practical skills to create, promote and safely facilitate workshops, retreats or study groups that build lasting relationships with your students, and create a lucrative income for you.

The full diploma takes approximately 12 months to complete and consists of:

1. A comprehensive home study programme of personal spiritual development, *Educating Heart & Soul* (seven modules).
2. The *Spiritual Workshop Masterclass* home study programme (five modules).
3. A 3-day masterclass workshop in which you'll learn and practice the key skills you need to be a successful workshop facilitator.
3. A final portfolio and assessment.

The two home study programmes can be undertaken side-by-side if you wish to fast track your diploma. If you have already completed *Educating Heart & Soul*, you only need submit the module assessments. The masterclass workshops can be taken at any time although it is suggested that you take these later in the programme to get the full benefit.

This a rigorous programme and you'll be expected to complete monthly assessments and keep a portfolio of your work. Upon satisfactory completion, you'll be awarded a diploma certificate with the benefit of credibility and confidence that it brings, and we'll continue to support you as you develop your first workshop or event.

Chrissie Astell has been running successful spiritual development and angel workshops for fifteen years and is a qualified and gifted spiritual educator, with post-graduate qualifications in adult teaching and facilitation.



Co-presenter **Richard Haywood** is an experienced marketing consultant who specialises in supporting sole traders and holistic businesses. With over a decade of expertise in the field of spirituality he offers advice, guidance and step-by-step plans to teach you how to promote and advertise your workshops effectively.

Who is it for?

Holistic practitioners, therapists, spiritual teachers, and those who want to develop their own **teaching programmes, workshops, seminars or study groups.** Also ideal for those who already run workshops or retreats but want to enhance their facilitation skills and learn new techniques for promotion and marketing.

Follow Up Support

Included in the cost of this course, we will help you set up your first workshop or study group. This will include advising you on your proposed agenda, helping with promotional activities and evaluating the event afterwards. By the end of your first event you will have all the practical knowledge and materials to enable you to continue developing your spiritual business.

You keep all the proceeds from your workshops, which could easily cover the entire cost of the Diploma Programme.

We'll also be providing ideas and techniques for expanding your training skills further, with advice on developing support products, online training and other sources of income.

What will you learn?

- Techniques for the protection and grounding of yourself and others.
- Recognise, honour and respect all individual spiritual journeys.
- Encourage others to open their heart to forgiveness, cleansing and healing.
- Gain knowledge of different types of mystical belief.
- Judge differences in integrity, authenticity, discernment and truth.
- Understand how people develop spiritually.
- Explore the Angelic hierarchy and the history of various beliefs.
- Make informed choices about channelling Ascended Masters, Spirit Guides and Guardian Angels.
- Use Angelic healing energies and raise consciousness.
- Understand the Essene communions in relation to our time.
- Consider past lives, karmic responsibility, and reincarnation.
- Use different forms of meditation so that you gain confidence in practising these techniques.
- Group facilitation skills for group settings (workshops, study groups).
- Understanding spiritual energies and how they can affect groups.
- Protecting yourself and others from negative energy.
- Interpersonal skills for working with individuals and small groups.
- Presentation and speaking skills with practice and review.
- Exercises you can use for developing rapport, creating the right atmosphere, bringing people together, dealing with blocks and fears.
- Dealing with difficult situations and people.
- Step by step plans for creating effective events (workshops, seminars or study groups).
- Planning and logistics for managing events.
- Promotion and marketing strategies for your events.
- Financial and legal considerations when creating workshops and other events.



Masterclass 2011 (Stansted)

Dates & Venues

You can begin the programme at any time and we recommend that you complete *Educating Heart & Soul* before progressing to the *Spiritual Workshop Masterclass* Programme. However, both courses can be studied side-by-side. The masterclass workshops are conducted periodically around the UK which is easy to reach by road, rail or air. Check the website for details of events planned for this year.

Five reasons why this is for you:

- 1.** A complete programme that teaches you exactly how to set up, promote, organise and run spiritual events.
- 2.** Professional tutors, with many years experience in running successful workshops, talks and retreats.
- 3.** Practical experience working in one-to-one and small groups with the tutors.
- 4.** Personal advice and support, to create your first event in which you keep all the proceeds (this alone could cover your entire cost of the programme).
- 5.** Plans, materials and checklists for your future event programme, with marketing materials developed just for you.

An invaluable boost that helps you create a new career or second income from holistic or spiritual events.

Further Information

Seminar Leaders

Chrissie Astell, BA (Hons), RGN



Chrissie has over 35 years of teaching experience, initially in business and nursing management (RGN) and more recently running workshops on healing, spiritual development and working with angels. She also has the

academic backing of a B.A. Honours Degree in Comparative Religion (including mysticism and angelology) from London University, followed by post-graduate certificates on Teaching in Life-long Learning (London University) and Spiritual Development & Facilitation (University of Surrey).

Richard Haywood BSc, MIM



With 25 years experience of multimedia, marketing and publishing combined with analytical skills and considerable business acumen Richard offers customers clear, concise and visionary solutions to their business

requirements. He has provided marketing consultancy and training to companies in the USA, Singapore and throughout Europe, and works with small businesses, sole traders, authors and therapists in the UK.

Seminar Assistant

Maggie Stewart MICH is a qualified therapist



and facilitator and has assisted the AngelLight team with planning, organising and running workshops for more than five years. Maggie will be your first point of contact over the weekend to assist with any logistical concerns you have.

Your Investment in Your Future

Educating Heart & Soul is available in installments from £24.99 per month over seven months or by payment in full.

The *Spiritual Workshop Masterclass* is also available in installments from £135 per month over six months or by payment in full. This includes the training modules, workbooks, CDs and materials, plus free tickets to the masterclass workshop (accommodation at the workshop is also included).

You can also fast-track your course by taking BOTH home study programmes side-by-side if you wish.

The full programme represents over 100 hours of training and a full certificate for CPD purposes will be issued if requested.

Questions?

If you have any questions about the programme, or any of the elements within it, feel free to visit the website below or call us direct.

Booking

Places on the masterclass workshops are limited to small groups to enable effective teaching and learning so please **BOOK YOUR PLACE EARLY**. Visit the website for more details and booking options at:

www.AngelLight.co.uk/diploma

Alternatively call +44 (0)7794 268208 to pay by credit card over the phone. All payments are taken in British Pounds and will convert into your currency when charged to your card.

FREE Marketing & Facilitation Advice

Start working with Chrissie and Richard today - receive workshop strategies and tactics by email over the coming weeks, to get you started on developing your workshop skills (or enhancing your existing workshops if you already run them.) Just sign up by email using the link below and you'll receive your first email today.

This service is free of charge. Just visit:

www.AngelLight.co.uk/diploma